

A WORD FROM PRISCILLA

Spring is in the air. Trees are starting to bud. Daffodils are blooming. The sun is shining longer.

We're coming out of our long, dark winter, in more ways than one.

We're also beginning to see some hope around the pandemic. A recent article I read said that America has reached about 40% herd immunity to the Coronavirus. As more people become fully vaccinated, it's hopeful that we'll reach 70% by mid summer... the "magic" number.

Here at The Morton Center, we saw a frightening uptick in the number of people reaching out for help with substance abuse issues, and it hasn't slowed down.

I've said many times before, it was the epidemic within the pandemic.

With your generous support, we were able to move to 100% telehealth treatment, and it's working beautifully for most of our clients.

In April, we started seeing individual clients again in person at our office. It's only because of you that we were able to put measures in place to be able to do this safely by purchasing disinfecting equipment and supplies.

The safety of our clients and staff are our number one priority.

Thank you.



Priscilla McIntosh
CEO



Spotlight

Spring
2021

Shining a light on all the good you've done

NATALIE FOUND HEALING AT THE CONCERNED PERSONS GROUP

Natalie began to worry as her two children entered their teen years. They were pretty typical kids, but she discovered they were experimenting with drugs and alcohol.

Her husband was an active alcoholic and she had her own struggles.

"With our backgrounds, it really scared me. I was terrified their path would follow his - and my own. I've struggled with my own addictions, using alcohol and food to numb my pain, and control to manage anxiety."

A neighbor offered information, a suggestion, and hope.

Her neighbor was the leader of The Morton Center's Concerned Person's Group, an educational program for loved ones of people struggling with addiction.

Natalie started attending group meetings because she wanted to be a better parent. She wanted to help her children. Not only were they using drugs and alcohol, they were also showing signs of anxiety and damaging patterns of behavior she saw in herself.

But she learned quickly that the only person she could change... was herself.

"I discovered I was codependent. I didn't even know what that was until I started going to the Concerned Person's Group," Natalie told us.

"It's a very high level conversation," she continued. "We talk about the science of relationships and how our own trauma informs our relationship style."

Natalie learned there is a difference between care taking and caring. Care taking enables the damaging behaviors of loved ones struggling with addiction.

But she wasn't shamed or blamed. Instead, she learned that care taking and enabling was a response of her own trauma and was done out of love for her family.

The Morton Center is the only Addiction Treatment Center that focuses on the whole family.

We know that a person struggling with substance abuse needs a strong support system. But it goes beyond that.

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2021 LUNCHEON

The Morton Center luncheon held every September is a chance for donors to see exactly how their gifts support those struggling with addiction. It's a chance to feel part of the work they so generously support. It's an inspiring event!

It's also a time when donors can continue to support The Morton Center by inviting their friends and making additional donations. This event has been an important part of our budget each year.

Due to the pandemic in 2020, we were unable to hold the in person event. We are cautiously optimistic that we'll be able to be together this year. We're watching and waiting to see how things regarding the pandemic play out and look forward to an announcement in the coming months.

Thank you for all you make possible!

